The Role imaging on stroke

Dr. Melita SpRad NKL (K) RS PON Prof Dr.dr Mahar Mardjono Jakarta PIT Neurororadiologi XX1 , May 22 , 2025 , Makassar

STROKE

- Acute episodic neurological deficit caused by ischemia or hemorrhage in brain
- World Health Organization (WHO) defines stroke as the sudden onset of neurological symptoms attributable solely to a brain disorder and caused by a circulatory disorder lasting more than 24 h
- TIA (transient ischemic attack) is caused by a temporary clot, focal neurological deficit that resolves in 24hrs

Stroke facts

Stroke is the second leading cause of death and the third leading cause of disability worldwide

Each year, nearly 795 000 people experience a new or recurrent stroke

A stroke happens every 40 seconds

Every 4 minutes someone dies from stroke

Stroke is a major cause of morbidity and permanent disability

Benjamin EJ., et al. *Circulation* 2019;139:e56–e66. Johnston SC., et al. *Lancet Neurol* 2009;8:345–354.



No 1 cause of death in Indonesia (2019)

Majority are ischemic in origin

Neuro imaging is to identify potentially salvageable brain tissue for the aim of extension of time window for safe and effective treatment

 Di Indonesia stroke menjadi penyebab kematian utama yaitu 19,42% dari total kematian berdasarkan IHME tahun 2019 dan berdasarkan hasil riskesdas prevalensi stroke di Indonesia meningkat dari 7/1000 penduduk pada tahun 2013 menjadi 10,9/1000 penduduk pada tahun 2018.

• (Direktur Pengendalian dan Pencegahan Penyakit Tidak Menular, Dr. Eva Susanti, S.Kp., M.Kes)



KEPUTUSAN MENTERI KESEHATAN REPUBLIK INDONESIA NOMOR HK.01.07/MENKES/1336/2023 TENTANG RUMAH SAKIT JEJARING PENGAMPUAN PELAYANAN STROKE

DENGAN RAHMAT TUHAN YANG MAHA ESA

MENTERI KESEHATAN REPUBLIK INDONESIA,

- Menimbang : a. bahwa stroke sebagai salah satu penyakit katastropik yang membutuhkan perawatan medis yang lama dan berbiaya tinggi memiliki angka kesakitan (morbiditas) dan angka kematian (mortalitas) yang masih tinggi, sehingga diperlukan optimalisasi pelayanan dengan meningkatkan kemampuan sumber daya, penatalaksanaan, dan rujukan melalui jejaring pengampuan pelayanan rumah sakit;
 - bahwa Keputusan Menteri Kesehatan Nomor HK.01.07/MENKES/1948/2022 tentang Rumah Sakit Jejaring Pengampuan Pelayanan Stroke sudah tidak sesuai dengan kebutuhan pelayanan kesehatan dalam pelaksanaan rumah sakit jejaring pengampuan pelayanan stroke sehingga perlu diganti;
 - bahwa berdasarkan pertimbangan sebagaimana dimaksud dalam huruf a dan huruf b, perlu menetapkan Keputusan Menteri Kesehatan tentang Rumah Sakit Jejaring Pengampuan Pelayanan Stroke;
- Mengingat : 1. Undang-Undang Nomor 29 Tahun 2004 tentang Praktik Kedokteran (Lembaran Negara Republik Indonesia Tahun 2004 Nomor 116, Tambahan Lembaran Negara Republik Indonesia Nomor 4431);

- 3 -

Jakarta Sebagai Pusat Rujukan Nasioal Penyakit Otak dan Sistem Persyarafan;

MEMUTUSKAN: Menetapkan : KEPUTUSAN MENTERI KESEHATAN TENTANG RUMAH SAKIT JEJARING PENGAMPUAN PELAYANAN STROKE.

- KESATU : Menetapkan Rumah Sakit Jejaring Pengampuan Pelayanan Stroke.
- KEDUA : Rumah sakit jejaring pengampuan pelayanan stroke sebagaimana dimaksud dalam Diktum KESATU, terdiri atas:
 - rumah sakit pengampu, dengan stratifikasi kemampuan paripurna dan utama; dan
 - b. rumah sakit diampu, dengan stratifikasi kemampuan utama dan madya;
- KETIGA : Dalam rangka penyelenggaraan jejaring pengampuan pelayanan stroke dapat terlaksana secara komprehensif, efektif, efisien, dan memenuhi indikator pengampuan, menunjuk Rumah Sakit Pusat Otak Nasional Prof. Dr. dr. Mahar Mardjono Jakarta sebagai koordinator jejaring pengampuan pelayanan stroke.
- KEEMPAT : Ketentuan mengenai stratifikasi kemampuan pelayanan, tugas rumah sakit jejaring pengampuan pelayanan stroke termasuk koordinator jejaring pengampuan pelayanan stroke, indikator keberhasilan pengampuan, dan daftar rumah sakit jejaring pengampuan pelayanan stroke tercantum dalam Lampiran yang merupakan bagian tidak terpisahkan dari Keputusan Menteri ini.
- KELIMA : Dalam rangka mendukung jejaring pengampuan pelayanan stroke, pemerintah daerah membuat pernyataan komitmen dan/atau nota kesepahaman dukungan terhadap rumah sakit di daerahnya, meliputi dukungan terhadap pemenuhan sumber daya manusia, sarana dan prasarana, dan dukungan lainnya.

CODE Stroke

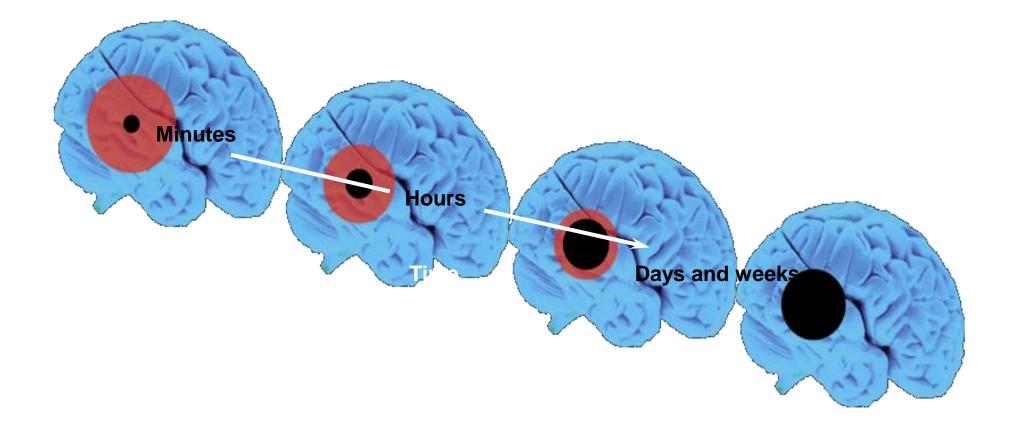
The Code Stroke Emergency Response refers to a coordinated team based approach to stroke patient care that requires rapid and accurate assessment, diagnosis, and treatment in an effort to save the brain and minimize permanent damage.

(The Code Stroke handbook 2022)

- Estimated that nearly two million neurons die each minute that elapses during the evolution of an average acute ischemic stroke
- Each hour without treatment the brain loses on average as many neurons as 3.6 years of normal aging

"time is brain."

The transition from ischemia to irreversible infarction depends on both the severity and the duration of the diminution of blood flow



Emergency department response times NINDS recommendations



Bock. NINDS Stroke symposium proceedings 1996; Updated 2011.

CODE Stroke Team RS PON

• Door to Practioner: < 10 min.

- Nurse
- GP Emergency room
- Neurologist
- Neurosurgeon
- Radiologist
- Pharmacy
- Laboratory

- Door to Stroke Team: < 15 Min.
- Door to CT scan: < 25 min.
- Door to CT Interpretation: < 20 min.
- Door to Needle : < 60 min

Sumber: *Riskesdas 2007 & **Riskesdas 2013 *****World Stroke Organization**

WASPADA STROKE MENGINCAR ANDA







TIPS MUDAH MENGENALI GEJALA DAN TANDA-TANDA STROKE

Ingat Slogan SeGeRa Ke RS



Senyum tidak simetris (mencong ke satu sisi), tersedak, sulit menelan air minum secara tiba-tiba



Gerak separuh anggota tubuh melemah tiba-tiba



bica Ra pelo / tiba-tiba tidak dapat bicara / tidak mengerti kata-kata / bicara tidak nyambung



Kebas atau baal. atau kesemutan separuh tubuh



Rabun, pandangan satu mata kabur, terjadi tiba-tiba



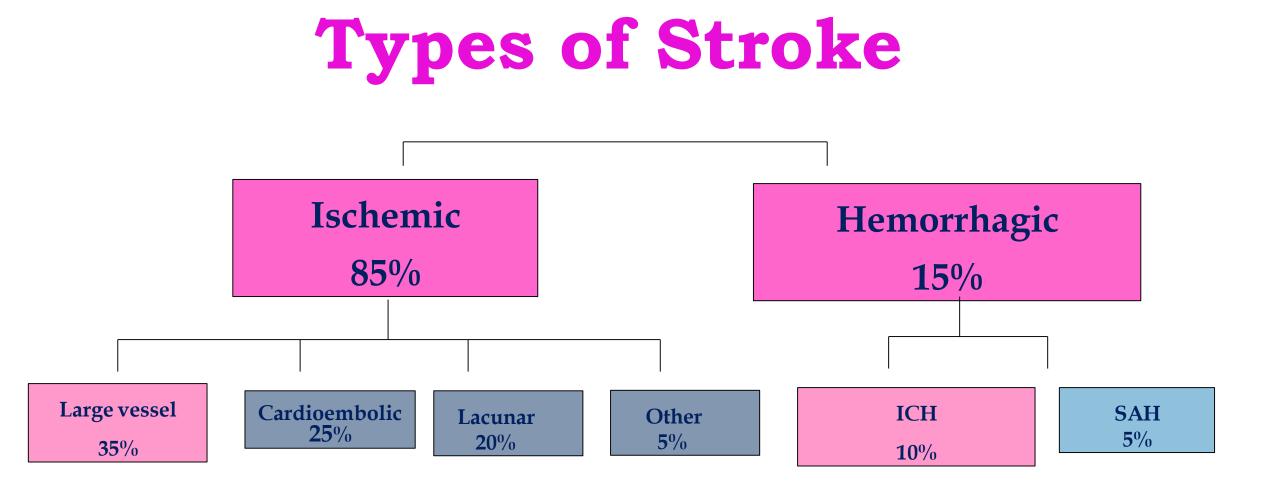
Sakit kepala hebat yang muncul tiba-tiba dan tidak pernah dirasakan sebelumnya, Gangguan fungsi keseimbangan, seperti terasa berputar, gerakan sulit dikoordinasi.







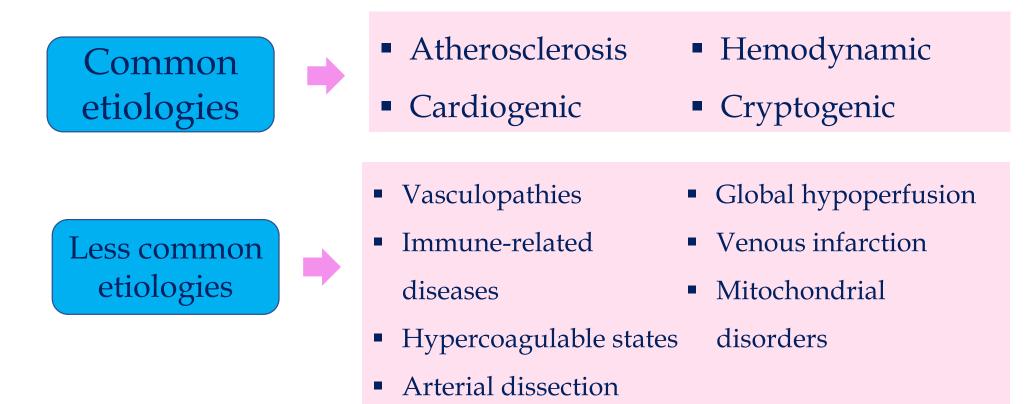
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Ischemic Stroke



The most common cause of stroke



GOALS OF IMAGING

- To establish the diagnosis **as early as possible**
- Define location, extent and age of infarct
- Give accurate information about **intracranial vasculature and brain perfusion** for guidance in selecting the appropriate therapy
- To identify the **penumbra**
- Rule in or out **other disease processes**

ROLE OF NON CONTRAST CT IN ACUTE STROKE

- Identify haemorrhage
- Hyperacute Stroke Imaging Signs / Early Ischemic Changes sign (EICs)
 - Hyperdense vessel sign
 - Insular Ribbon sign
 - Obscuration of lentiform nucleus
 - Focal hypodense area ∶cortical, subcortical or deep GM/WM → vascular territory / watershed area

Imaging Workup of Acute Ischemic Stroke

• Goals in acute stroke imaging are to assess the 4 "Ps" :



New Goals of Acute Stroke Imaging

1. P : Parenchyma : Assess early signs of acute stroke, rule out hemorrhage

- **2. P** : **Pipes** : Assess extracranial circulation (carotid and vertebral arteries of the neck) and intracranial circulation for evidence of intravascular thrombus
- **1.** C : Collaterals : Collateral circulation status assessment
- 2. C : Core : Core/Penumbra size estimation: Assess tissue at risk of dying if ischemia continues with out re-canalization of intravascular thrombus
- **3.** C : Clot : Clot assessment

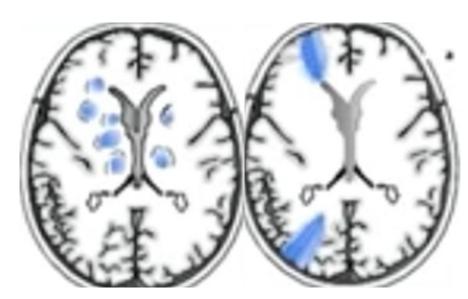
Arterial Stroke Location

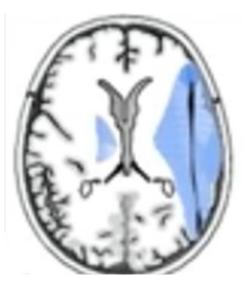
• Large Vessel → Territorial infracts

- wedge shape
- extends to cortex
- follows defined vascular distribution

Small Vessel → Lacunar /Hemodynamic infarcts

- white matter
- Small lesions/ Lacunar (deep brain)
- Watershad areas





Watershed Stroke /infarct

 Ischemic strokes that occur in the brain tissues bordering two main arteries (border zones) :

Anterior cerebral artery (ACA) & Middle cerebral artery (MCA) & Posterior cerebral artery (PCA)

- 2 Type :
- Cortical and subcortical watershed strokes → depending on where they occur in the border zones

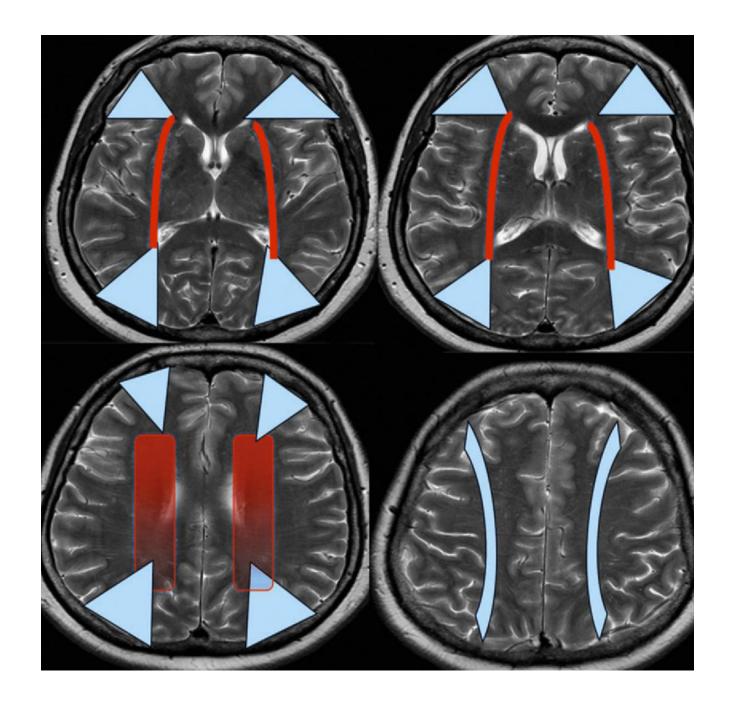
Type of watershed infarct

• Cortical watershed (CWS) /Inner brain

Located between the cortical territories of the ACA, MCA and PCA

• Subcortical watershed / Internal watersheds (IWS) brain

Located in the white matter white matter along and slightly above the lateral ventricle , between the deep and the superficial arterial systems of the MCA, or between the superficial systems of the MCA and ACA



Cortical watershed

Frontal (beteween ACA, MCA) - Parietooccipital (MCA, PCA) - Triple WS (ACA, MA , PCA) Also includes vertex subcortical WM

Subcortical watershed

Between penetrating small arteries

- Lenticulostriate
- Thalamo perforatting
- Medullary WM perforating
- Choroidal arteries
- Penetrating branches of major arteries

Pathogenesis Watershed Infarct

- Systemic hypotension
- Micro emboli
- Severe arterial stenosis
- ICA occlusion
- or a combination of these

Cortical / External Border Zone Infarcts

- Located at the junctions of the anterior, middle and posterior cerebral artery territories
- Wedge shaped or ovoid shaped
- Size is variable because of anatomic variation and minimal/maximal distribution of each of the large vessel territories (MCA, ACA, PCA) from person to person
- Moderate or severe narrowing of the carotid or proximal cerebral arteries
- Recent intraplaque hemorrhage/plaque rupture may play a role
- Micro emboli from the heart or atheroembolic events can propagate to the cortical border zones → these areas have a lower perfusion than more proximal regions, so less ability to "wash out" the micro emboli

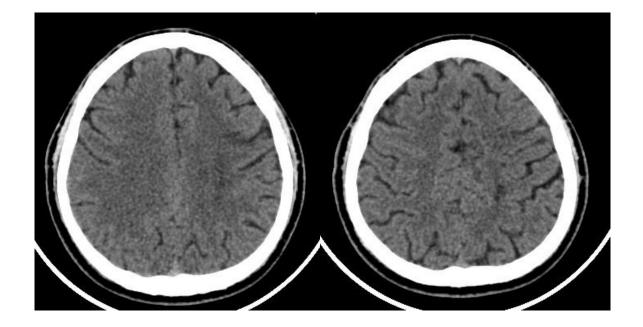
Subcortical / Internal border zone infarcts

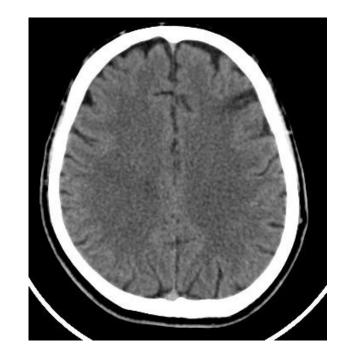
- Located at the junctions of the anterior, middle and posterior cerebral artery territories with the Recurrent Artery of Heubner, lenticulostriate and anterior choroidal artery territories
- Manifests as :
 - Series of 3 or more lesions, each with a diameter of 3 mm or more
 - A linear fashion parallel to the lateral ventricle in the centrum semiovale or corona radiata (rosary/bead)
 - Can be confluent or partial

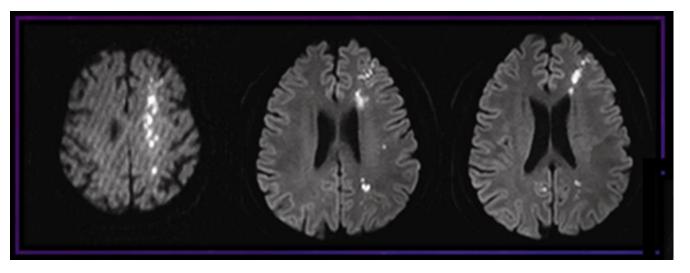
Partial infarct : short episode of hemodynamic compromise

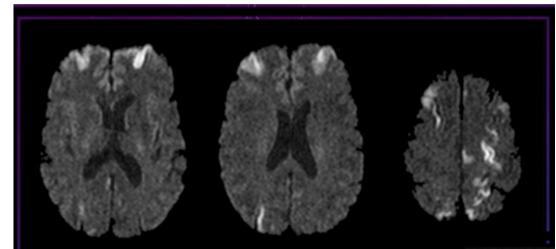
Confluent infarct : longer period of hemodynamic compromise ec. by arterial stenosis or occlusion

- Less likely than external border zone infarcts to be secondary to emboli
- Poor prognosis and clinical deterioration when compared with cortical/external border zone infarcts



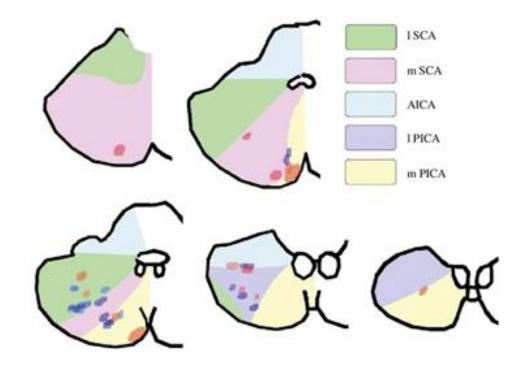


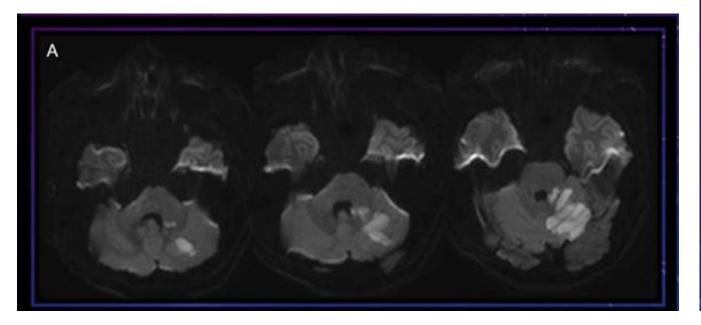


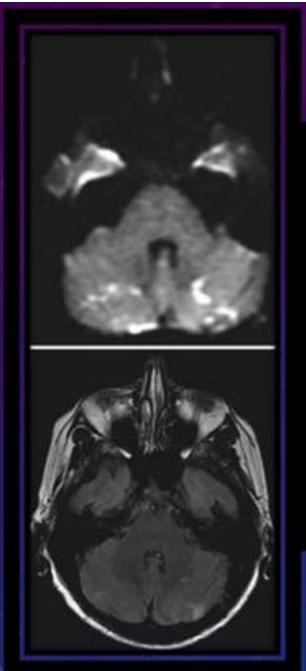


Border Zone Infarcts in the Cerebellum

- Usually < 2 cm in size and are seen at the borders of the AICA, SCA and PICA (and their branches)
- Due to stenosis or embolism. Embolic events can come from the heart or atherosclerotic disease
- May be see in vertebral dissections
- Typically not disabling in an of themselves, but often coexist with large territorial lesions
- They can be silent if small, or similar in presentation to larger cerebellar infarcts, with vertigo and ataxia









STANDARD DIAGNOSTIC for Acute Stroke

(2018 AHA/ASA Guideline for AIS)

- CT >> available
- Non Contrast CT seen in 3-6 hours after onset stroke with an *Early ischemic changes* (EICs)
- Sensitive for acute ischemic stroke 3-6 hours onset stroke :

45% and 88% (mean 55.3%)

- Sensitive >> for haemorrhagic (ICH / Vascular malformation)
- Exclusion of cases that could resemble stroke (Mimic Stroke/Strokelike syndr)

Early Ischemic Changes sign (EICs) on NCCT

• Hyperdense artery ec. clot of thrombus >> proximal artery Medial Cerebral A (HMCA) and Basilar art (HBA)

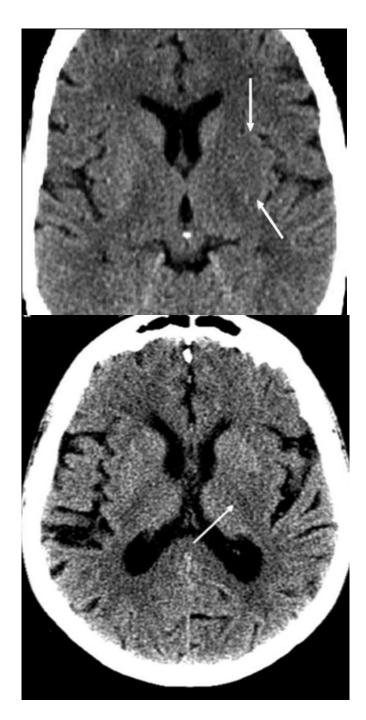
≻Early signs of cytotoxic edema:

- Loss of GM-WM differentiation & hypoattenuation of deep nuclei :
 - Insular (insular ribbon sign)
 - Cortical gyrus (gyral effacement)
 - Basal ganglia (lentiform nucleus)

➢Focal hypodense area : cortical, subcortical or deep GM/WM vascular territory / watershed area

Stage of stroke

		TIME	СТ
Hyperacute (< 6 hrs)	 Vascular stasis/ thrombosis Diffusion restricted Early edema 	Minute	No Change / Normal
		6 Hrs	Insular Ribbon sign Hyperdens vessel sign
Acute (6 hrs -3/4 days)	- Edema	12 Hrs	Sulcal effacement +/- Decrease attenuation
Subacute (days – 3 mnth)	BB DisruptionEdema		
	EnhancementHemorrhage	12- 24 Hrs	Decrease attenuation
Chronic (> 3 month)	 Gliosis Encephalomalacia Atrophy 	7 Days	Maximum swelling
		20 Days	Gyral enhacement



OBSCURATION OF LENTIFORM NUCLEOUS

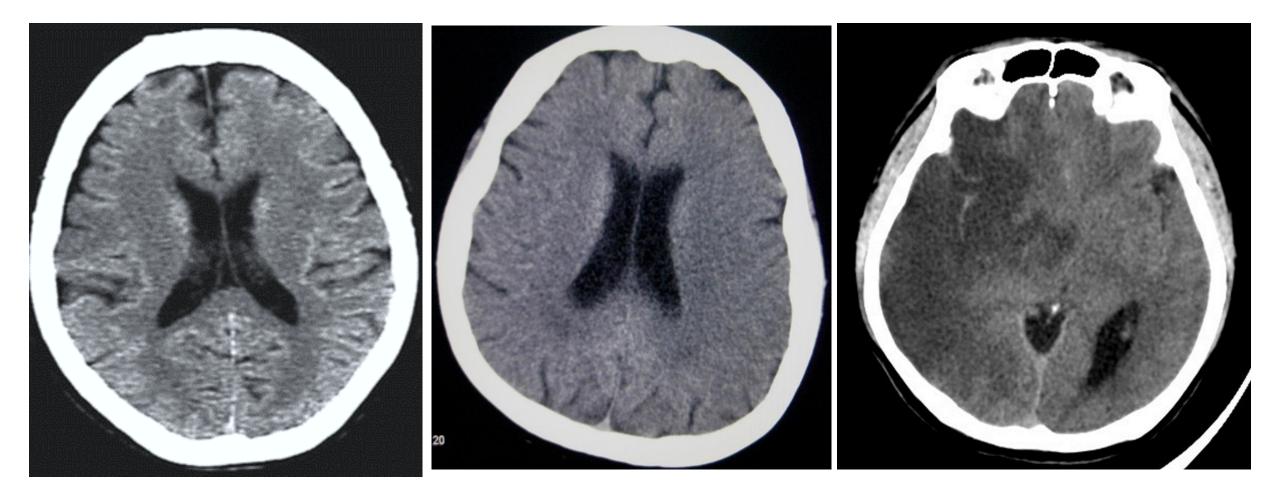
- Lentiform nucleus appears hypo attenuated because of acute ischemia of the lenticulostriate territory, resulting in obscuration of the lentiform nucleus
- May be seen on CT images within 2 hours after the onset of a stroke

INSULAR RIBBON SIGN

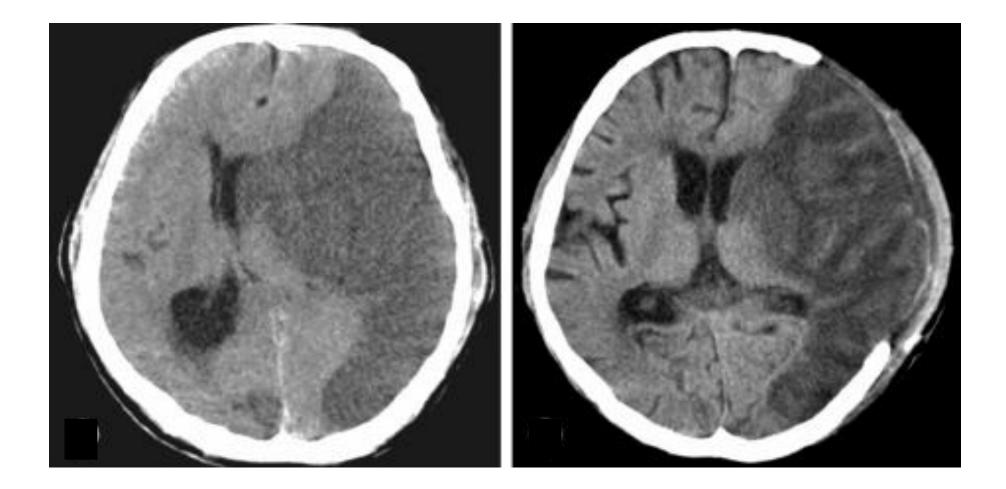
• Local hypoattenuation of the insular cortex region due to cytotoxic edema as this region is susceptible to early and irreversible ischemic damage



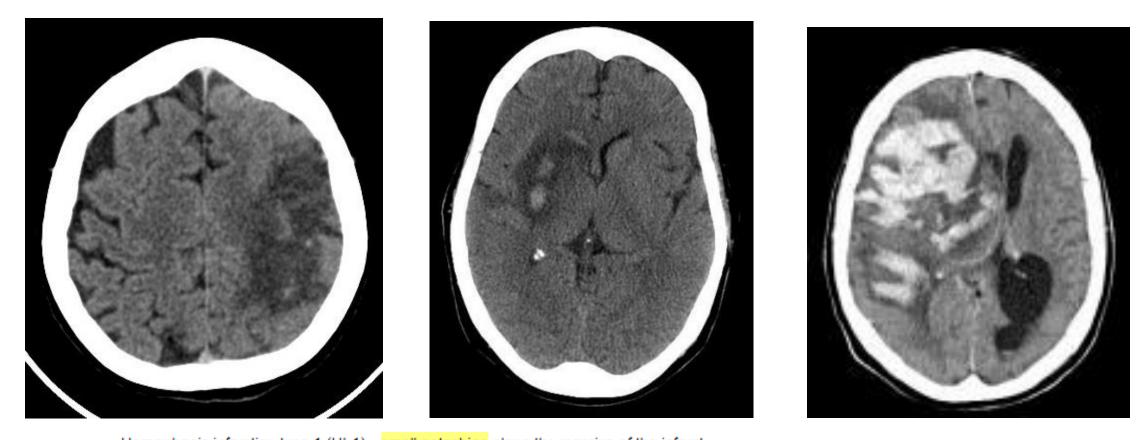
Focal hypodense area



Subacute stroke Mass effect



Subacute with haemorrhagic transformation



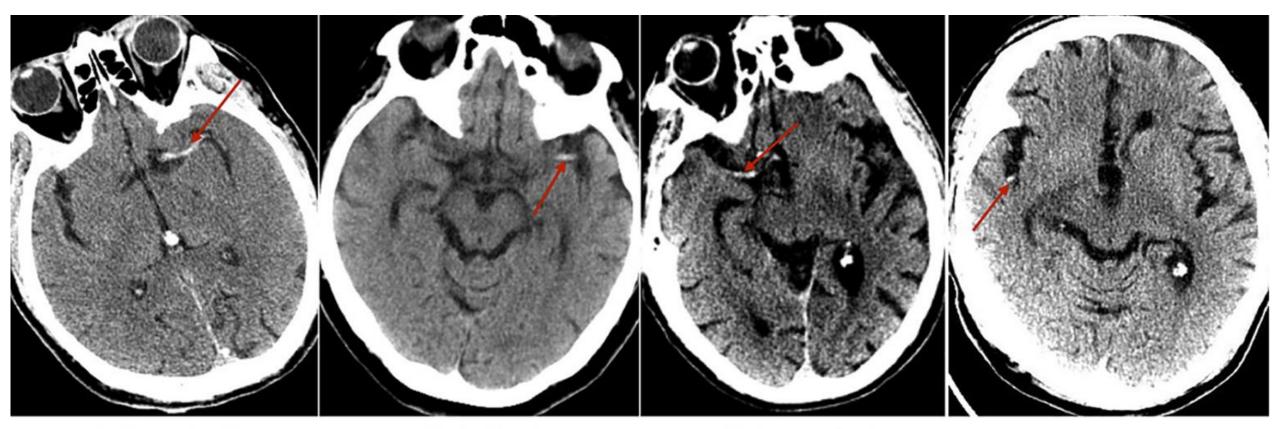
Hemorrhagic infarction type 1 (HI-1)—small petechiae along the margins of the infarct Hemorrhagic infarction type 2 (HI-2)—more confluent petechiae within the infarcted area, but without space-occupying effect Parenchymal hematoma type 1 (PH-1)—hematoma in 30% or less of infarcted area with some slight space-occupying effect

Parenchymal hematoma type 2 (PH-2)—a dense hematoma in more than 30% of the infarcted area with substantial space-occupying effect, any hemorrhagic lesion outside the infarcted area.

Hyperdense vessel sign

- Both clot length and type → prognostic value
- •Quantitative scores for evaluating the extension of the clot : the Clot burden Score
- •Clots : lengths over 8 mm and/ or hypodense (fibrin-rich) compared to smaller and hyperdense (red blood cell-rich) thrombus → lower recanalization with IV thrombolysis

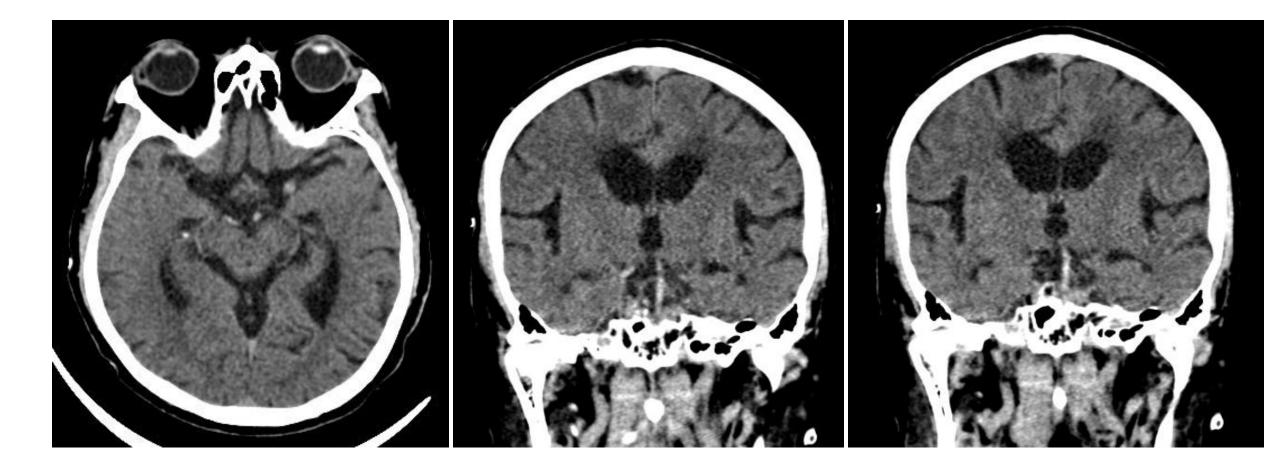
Hyperdense MCA sign

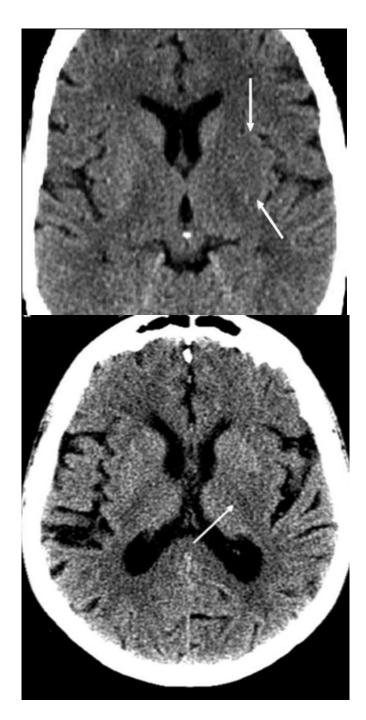


Left proximal hyperdense M1 Left distal hyperdense M1 Right proximal hyperdense M1

Right hyperdense M2 in the sylvian fissure ("sylvian dot sign")

Hyperdense Basilar A sign





OBSCURATION OF LENTIFORM NUCLEOUS

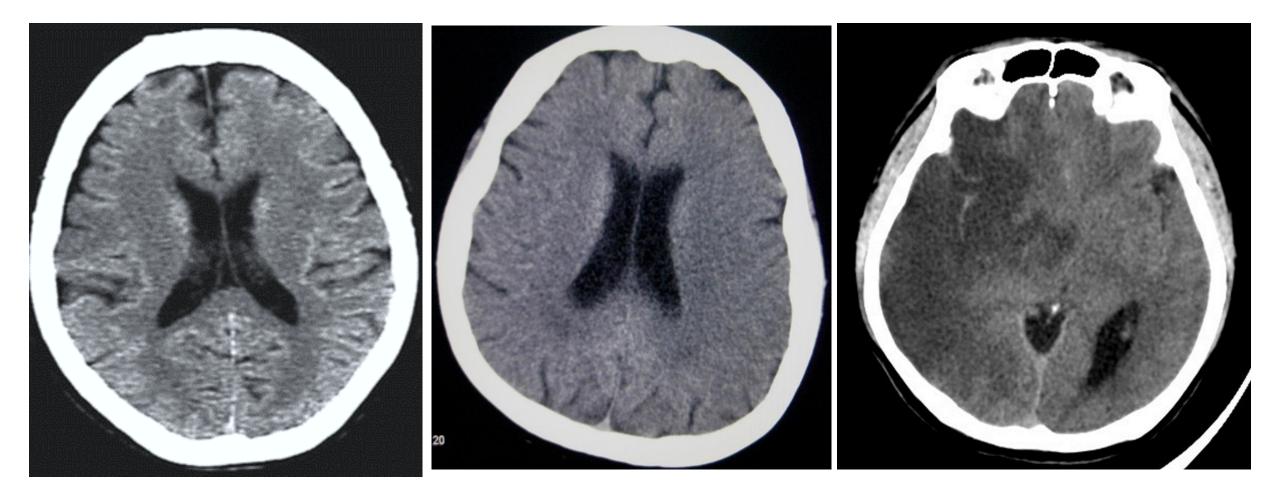
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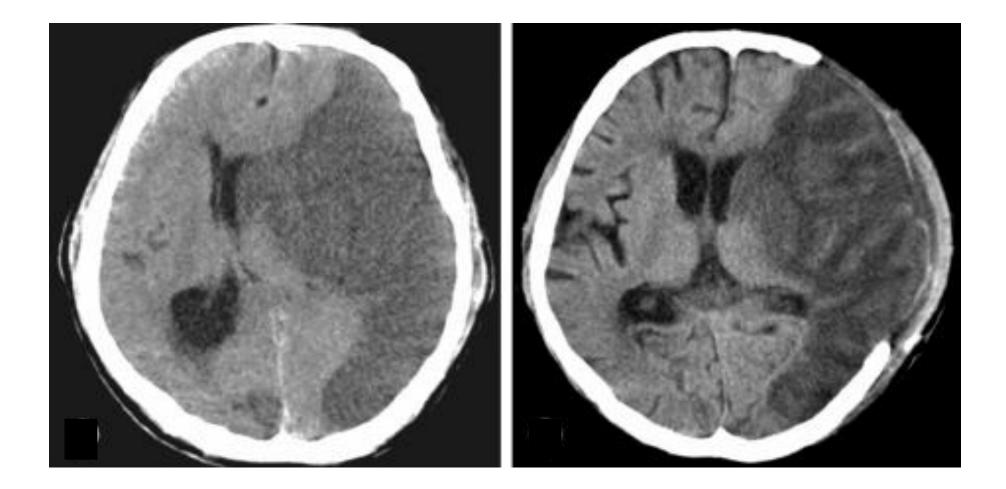
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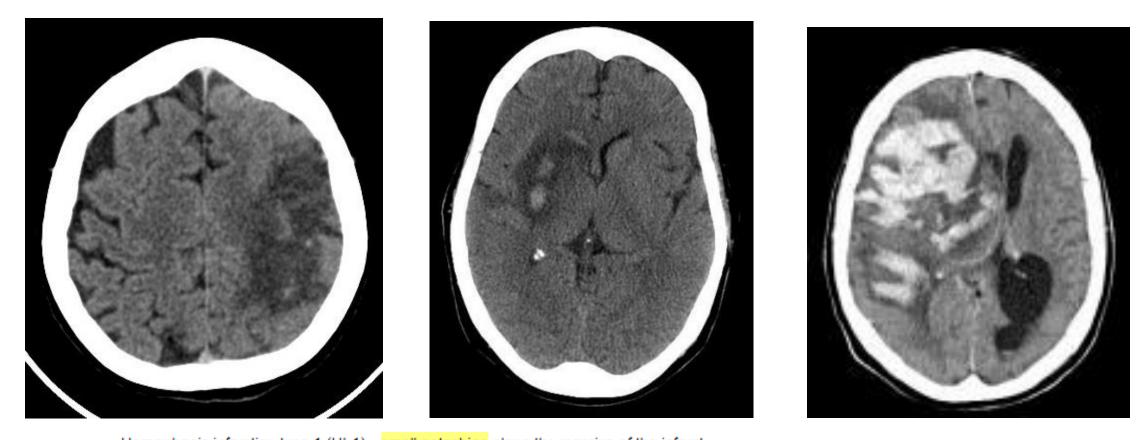
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Subacute with haemorrhagic transformation



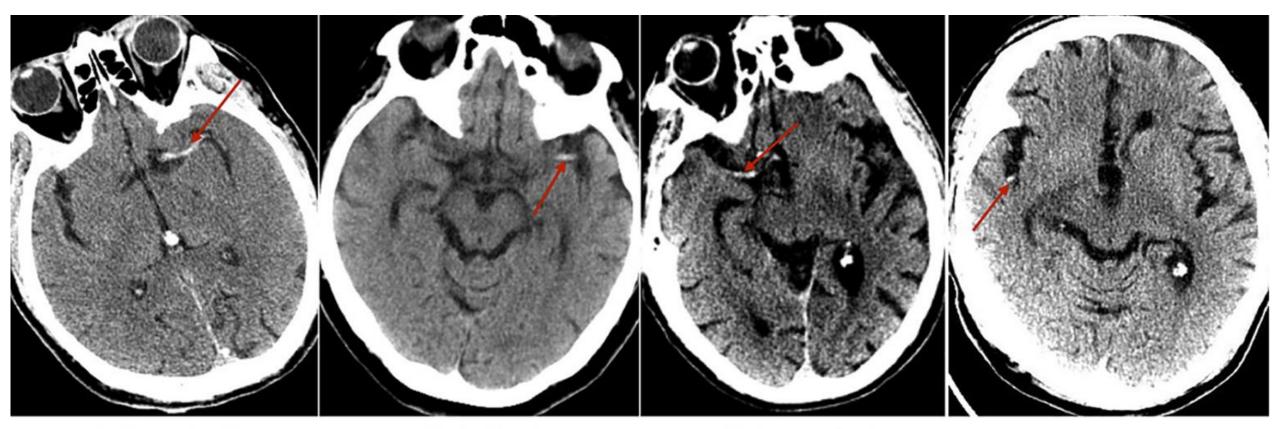
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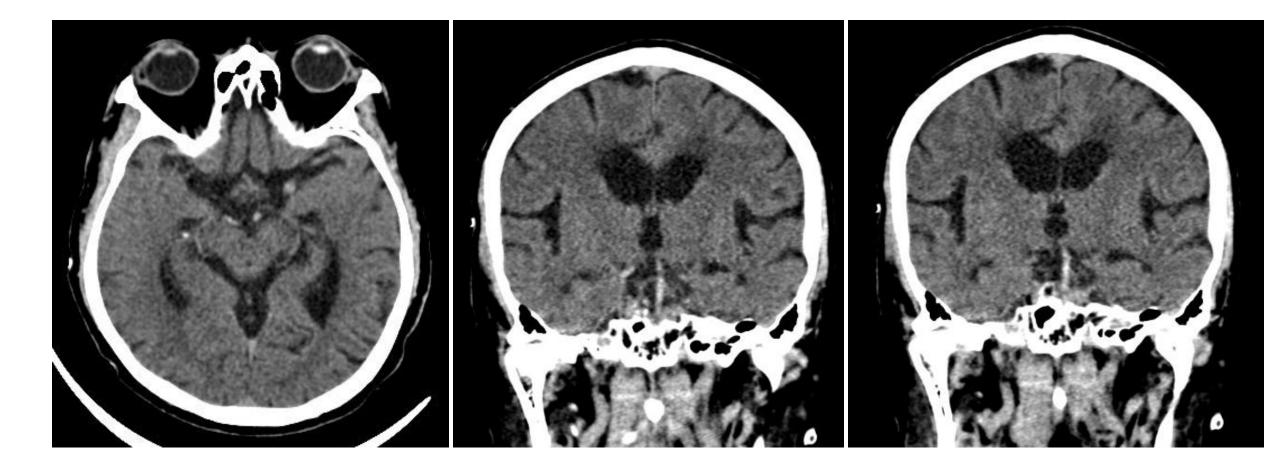
Hyperdense MCA sign



Left proximal hyperdense M1 Left distal hyperdense M1 Right proximal hyperdense M1

Right hyperdense M2 in the sylvian fissure ("sylvian dot sign")

Hyperdense Basilar A sign



Imaging of Stroke

Four-step approach to reading a non-contrast head CT for acute stroke

1. First look for the presence/absence of hemorrhage (intracerebral, subarachnoid,

- or subdural) Acute blood is hyperdense (bright)
 - Subacute blood is isodense (similar density to brain parenchyma)
 - Chronic blood is hypodense (darker than the brain)
- (2) Look for the presence/absence of any hyperdense vessel signs suggestive of an acute clot in a major artery (i.e., MCA sign, ACA, PCA, basilar) or vein (dural venous thrombosis or deep vein thrombosis)
- (3) Identify the presence/absence and extent of any early acute ischemic changes, which can be rated on the ASPECTS scale
- (4) Exclude other structural brain pathology

Evaluating extend of Stroke

- ECASS (European Cooprative Acute Stroke Study
 - > 1/3 MCA territory significant increase of hemorrhage
 - Exclusion criteria for thrombolysis
 - Problem : Interobserver variability
- ASPECTS (anterior & posterior circulation)
 - Systematic assessment of MCA territory & BA territory
 - 10 point subdivision of MCA & BA territory

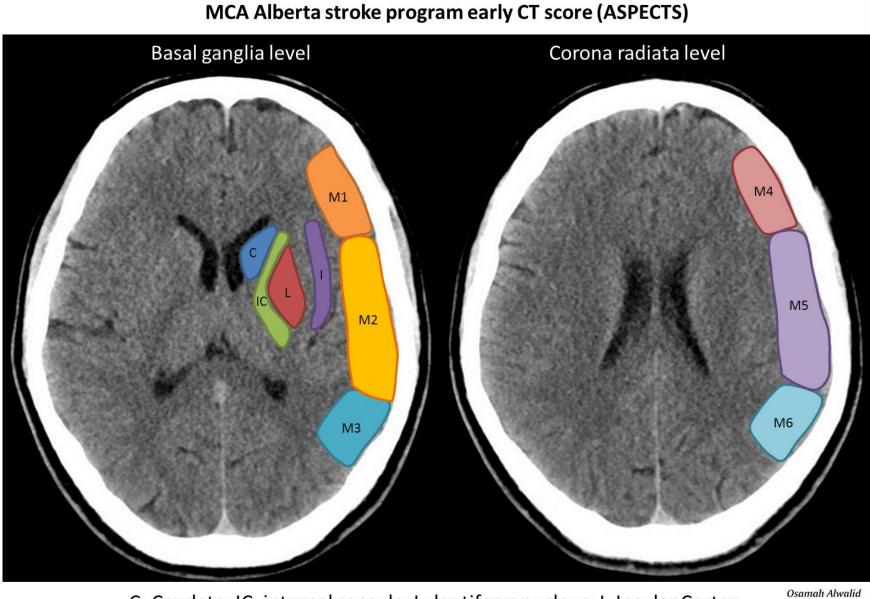
Alberta Stroke Program Early CT Score (ASPECTS)

- To offer the reliability and utility of a standard CT → grading system to assess EICs pretreatment → acute ischemic anterior circulation (MCA) & posterior circulation (BA)
- ASPECT Score :

10 point \rightarrow quantitative topographic CT score

ASPECTS Anterior circulation

- Segmental estimation of the <u>middle cerebral artery (MCA)</u> vascular territory is made and 1 point is deducted from the initial score of 10 for every region involved:
- <u>Nucleus caudatus</u>
- <u>Putamen</u>
- Internal capsule
- Insular cortex
- M1: "anterior MCA cortex," corresponding to the frontal operculum
- M2: "MCA cortex lateral to insular ribbon" corresponding to the anterior temporal lobe
- M3: "posterior MCA cortex" corresponding to the posterior temporal lobe
- M4: "anterior MCA territory immediately superior to M1"
- M5: "lateral MCA territory immediately superior to M2"
- M6: "posterior MCA territory immediately superior to M3"



C: Caudate; IC: internal capsule; L: lentiform nucleus; I: Insular Cortex.



ASPECTS Posterior circulation

The pc-ASPECTS is a 10 point scale, where points are lost for each region affected

Pons and the midbrain $\rightarrow 2$ points each ,regardless of whether or not the changes are bilateral . (any involvement of the pons, for example, deducted 2 points).

- thalami (1 point each)
- occipital lobes (1 point each)
- midbrain (2 points)
- pons (2 points)
- cerebellar hemispheres (1 point each)

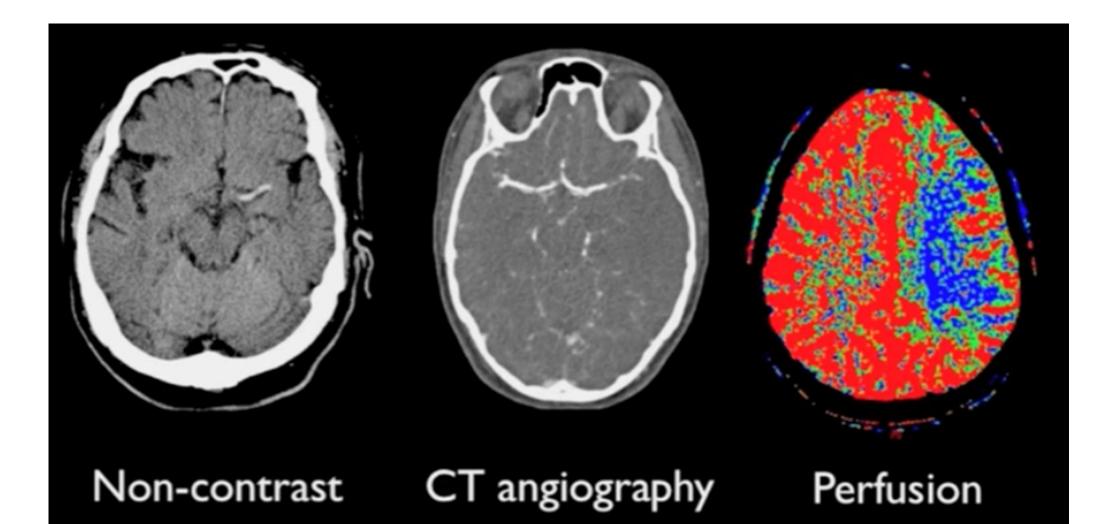
Thalami level Midbrain level Pons level OL

Posterior circulation Acute stroke prognosis early CT score (pc-ASPECTS)

T: thalamus; OL: occipital lobe; M: any part of the midbrain; P: any part of the pons; C: cerebellar hemisphere.

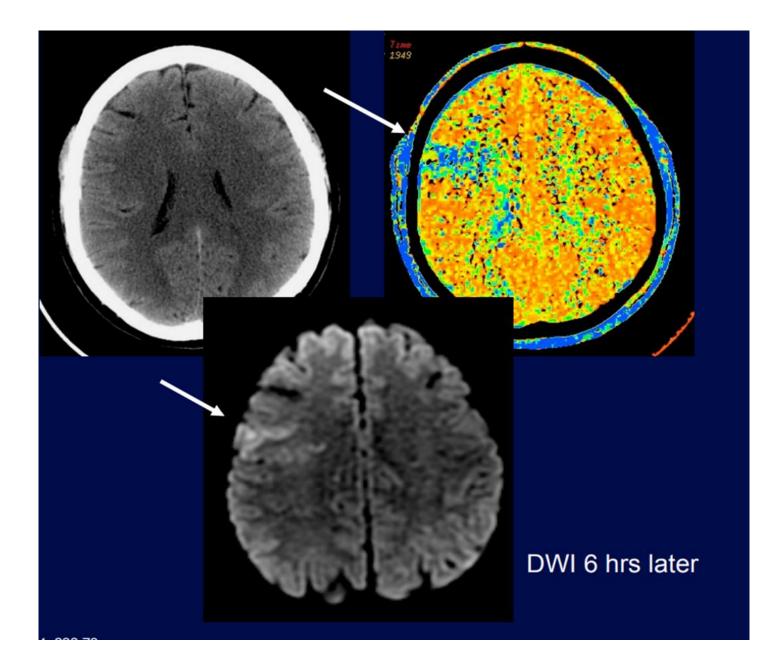


CT in Acute Stroke



CT Perfusion

- Early stroke hard to see
- NCCT : sensitivity 15-20%
- CTP : sensitivity 55-76%

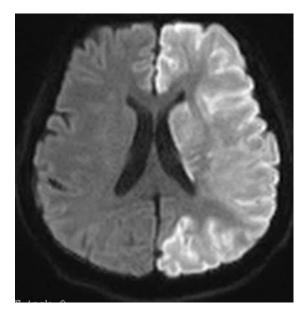


MRI in Acute Ischemic Stroke

- MRI more sensitive than CT in hyperacute ischaemic
- To classify mechanism, prognosis & treatment
- Provides different info from the clinical & pathological

Standard Protocol MRI in AIS

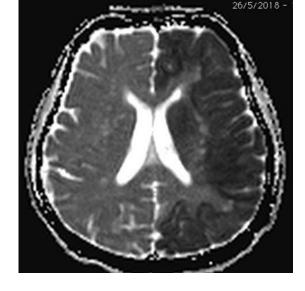
- DWI & ADC, T1WI, T2WI, FLAIR, GRE/SWI
- PWI (MR perfusion contrast)
- 3 D TOF MRA
- 6 Min (DWI&ADC, FLAIR, SWI, MR Perfusion, MRA)



DWI & ADC

Acute ischemic stroke \rightarrow Very high signal on DWI \rightarrow Marked reduction in ADC val.

DWI : reduced diffusion → minutes to < 30 min. after ictus



ADC : decrease : 8 to 32 hrs to ≤ 50 of normal % values reduced : 3 to 5 days

MRI – T2WI

Slight increased detection rate over CT in early stroke - T2 hyperintensity visible at 12- 24 hrs (80%) represents edema

MRI signs :

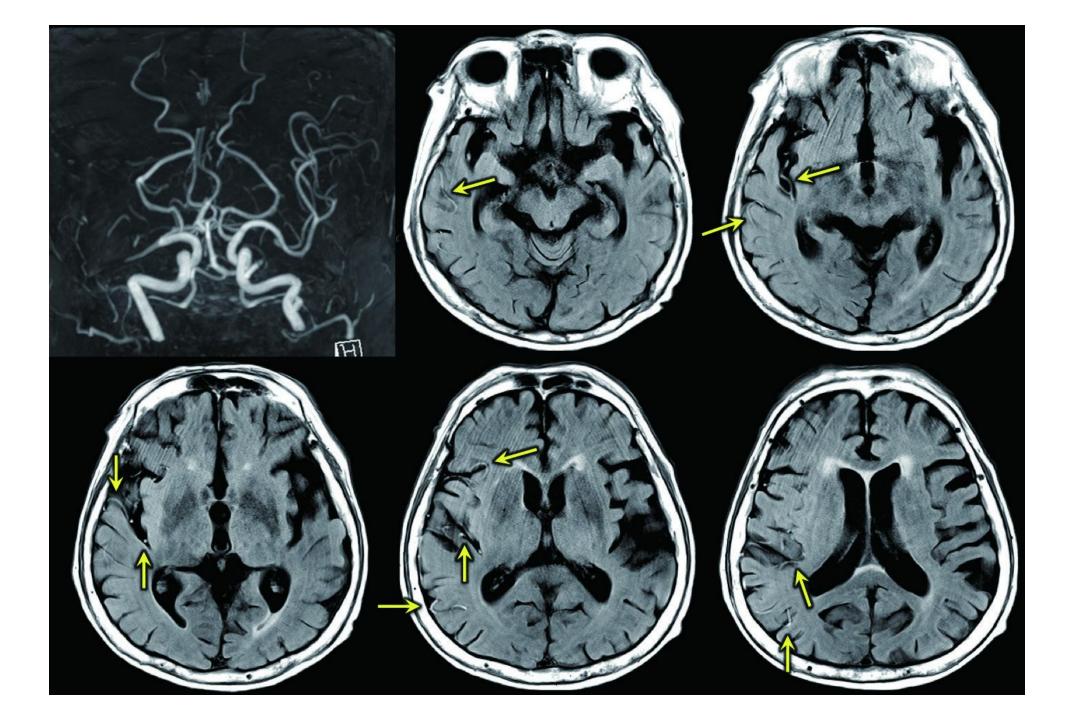
- Increased signal intensity
- Swollen cortical gyri
- Increased signal intensity in the lumen of vessels \rightarrow due to vessel occlusion,

severe stenosis

- Vasculitic pattern
- Collateral leptomeningeal circulation

MRI –FLAIR

- Detect hyperintense vessels sign (HVs) → slow flow beyond the occluded site or detection proximal vascular occlusion
 (specificity 86% & sensitivity 76%)
- Arterial hyperintensity : early in stroke within 0–2 hours after onset of symptoms
- Indentify proximal occlusion or severe stenosis → presence of collaterals



DWI vs CT

• Sencitivity and specifity in detected infarct :

3 hrs onset : DWI : 77% vs CT : 16% 6 hrs onset : DWI : 91% vs CT : 61%

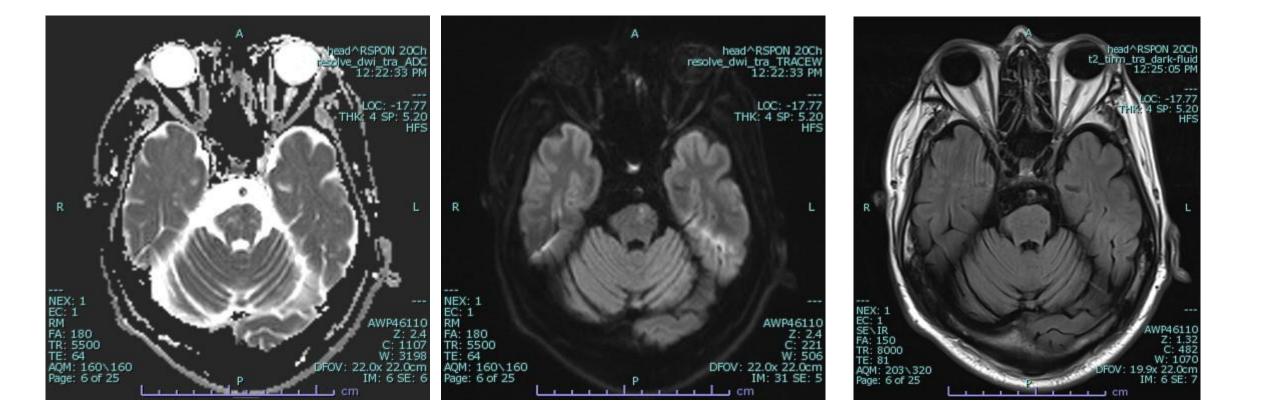
 Superior > CT in AIS in 12 hrs onset

DWI vs FLAIR

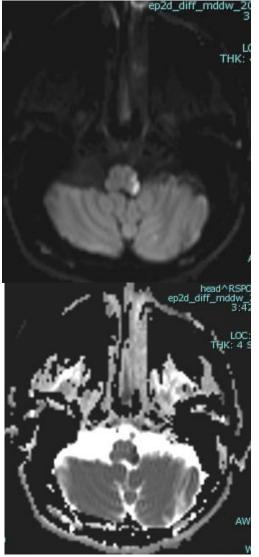
- DWI-FLAIR mismatch : determine onset time in AIS (high PPV)
- DWI-FLAIR mismatch :
 - DWI (+) and FLAIR (-):
 - 77% $\rightarrow <<$ than 3 hours
 - 96% $\rightarrow <<$ than 4.5 hours
 - 100% $\rightarrow <<$ than 6 hours

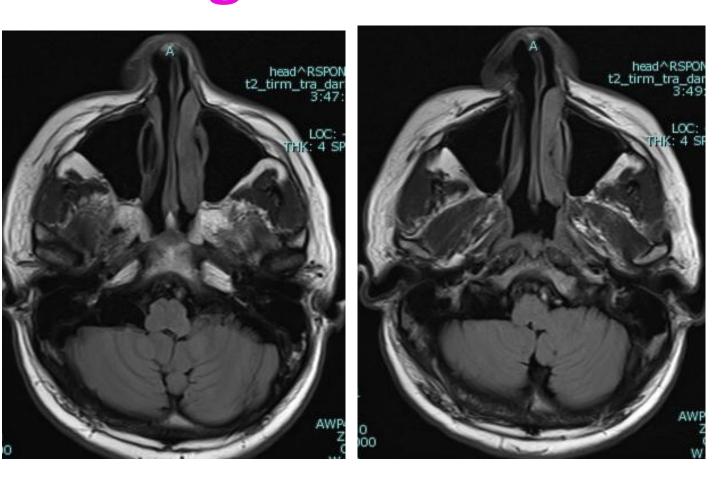
DWI-FLAIR mismatch determine→ improve the outcome in patients with unknown onset (wake up stroke)→ intravenous rtPA

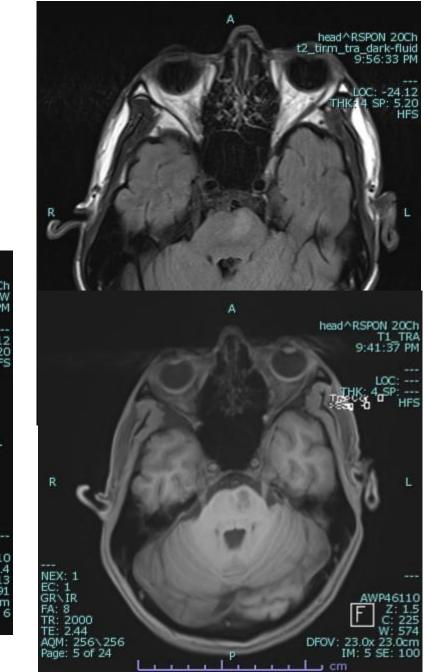
DWI FLAIR Mismatch Hyperacute Infarct

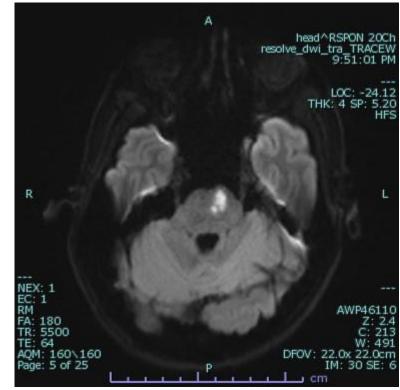


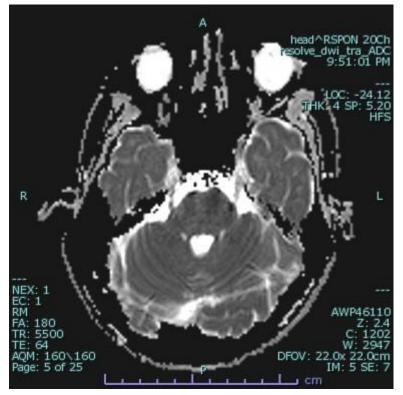
Hyperacute infarct with hiperdense vessel sign

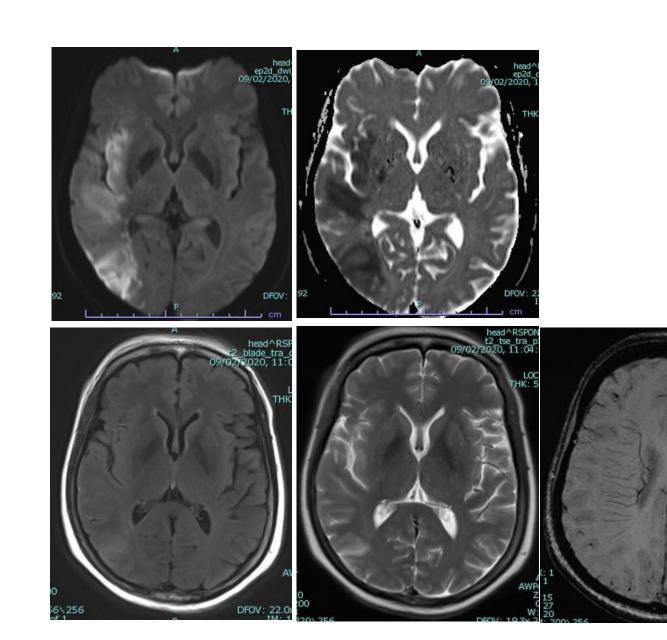


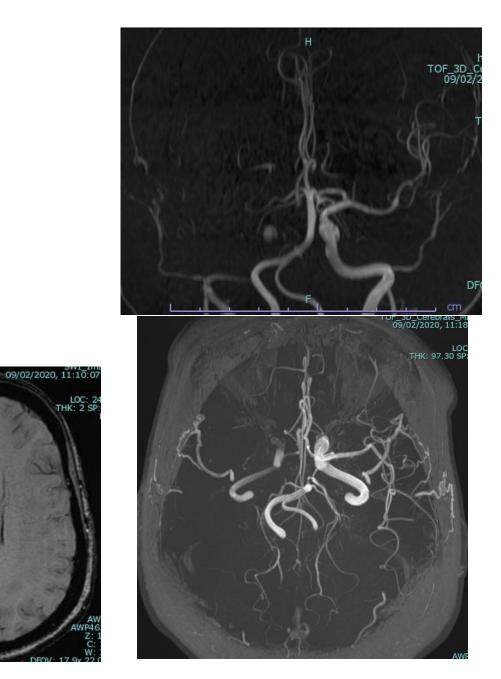


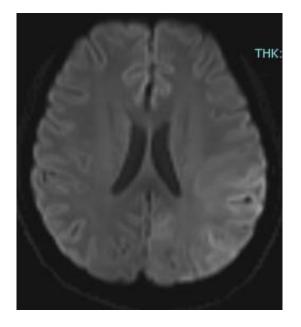




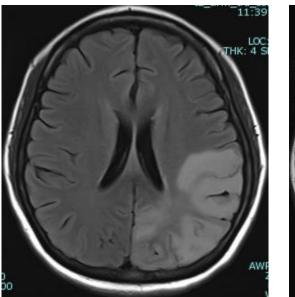


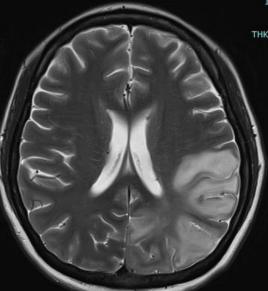


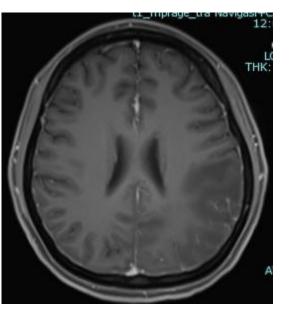


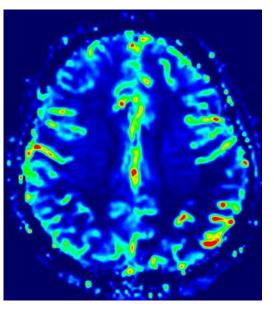


Subacute Infarct with luxery perfusion





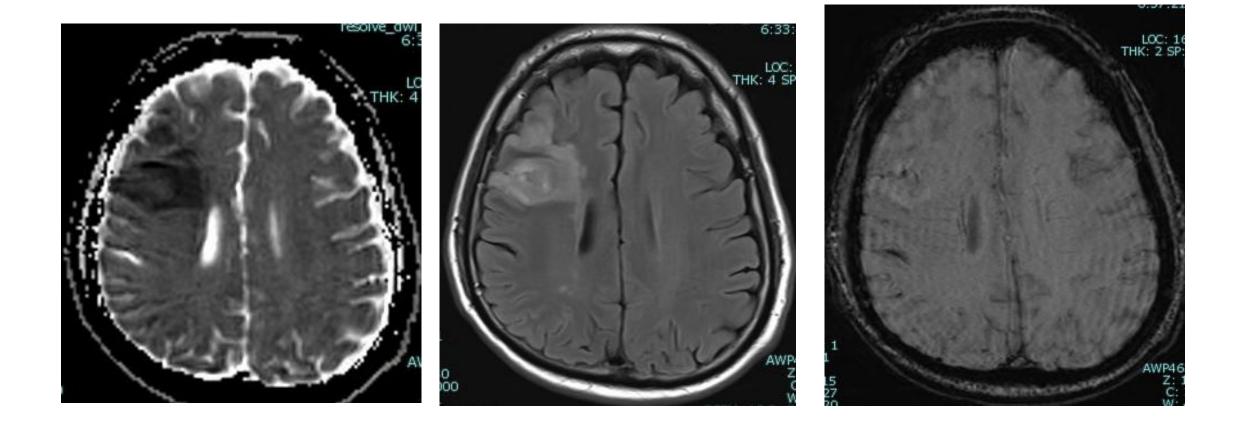




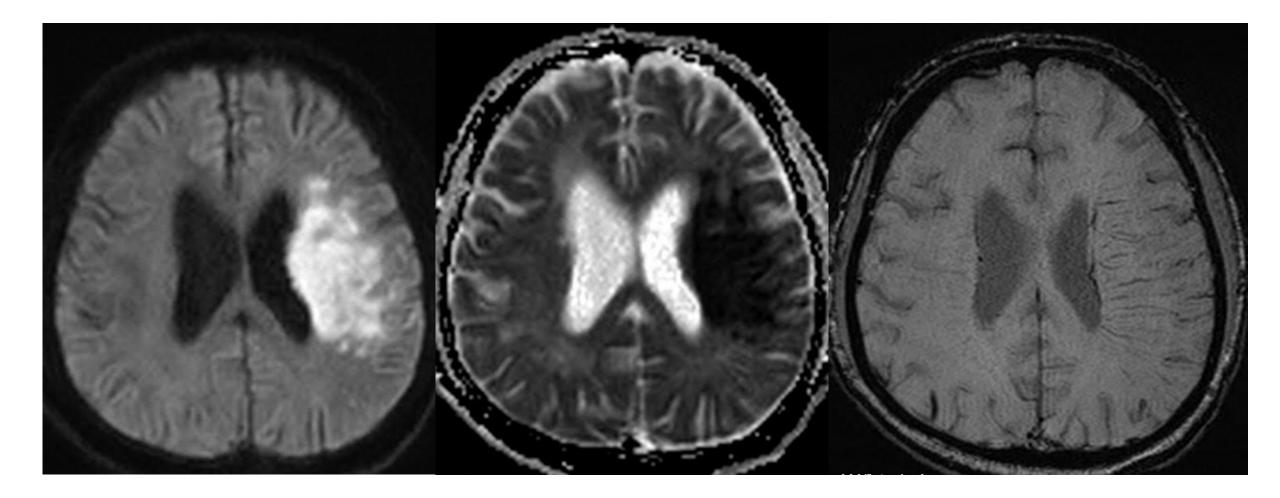
Susceptibility weighted sequences (SWI)

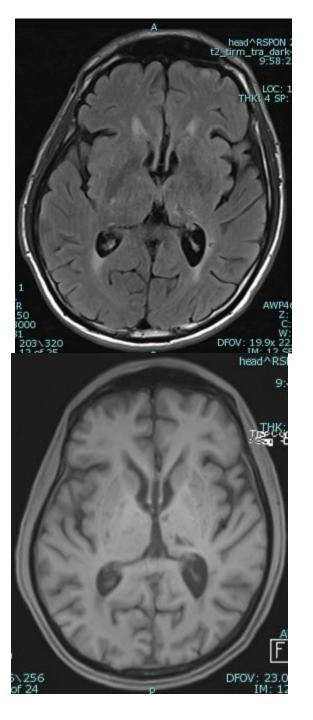
- Sensitive → hemorrhage (deoxyhemoglobin), superparamagnetic hemosiderin, diamagnetic calcium, iron storage, slow venous blood
- Detecting bleeding from vessels as small as 200 μm
- Microbleeds : small, rounded, homogeneous, hypointense foci
- Hemorrhagic transformation : small petechial areas of micro bleeding to large parenchymal hematoma
- Can evaluate collaterals

Acute infarct with hemorrhagic transformation

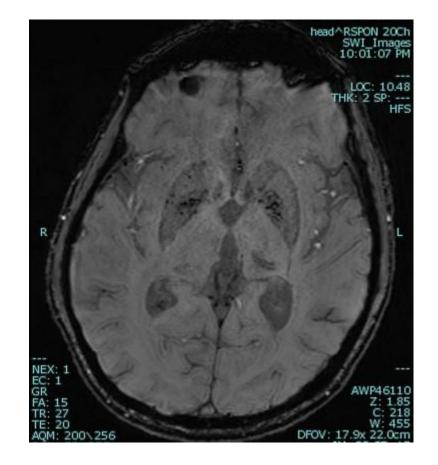


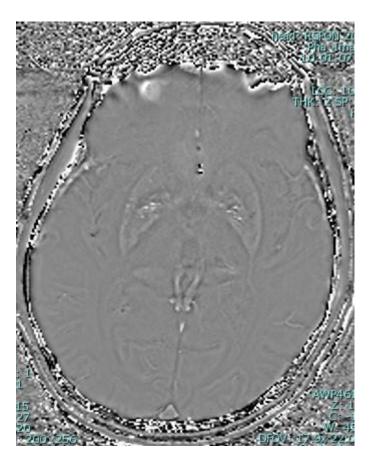
Acute Infarct with collateral





Ensefalomalacia dengan post bleeding





MRI in AIS

Time	DWI	ADC	T2/FLAIR
Hyperacute (1-6 hrs)	Hyperintense	Hypointense	Normal
Early Acute Infarct (6 – 24 hrs)	Hyperintense	Hypointense	Hyperintense approx . 2 to 4 hrs after ictus
Late Acute infarct (1- 3 days)	Hyperintense	Hyperintense	Hyperintense T1: Hypointense